

EVERGLIDES

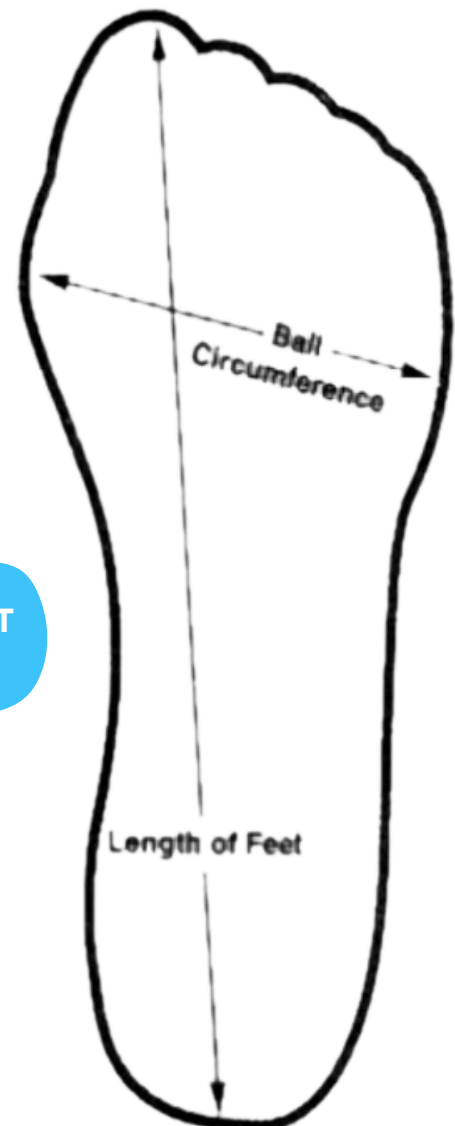
Foot Tracings and Measurements

Place a sheet of plain paper on the floor, while standing with a slight bend in the knee, have someone draw around your foot as accurately as possible, holding the pencil parallel the foot.

TAKE YOUR TIME

- These need to be as **accurate** as possible.
- Trace **BOTH** feet and measure **BOTH** feet in **CM** or **MM**.
- **Remove** your socks.

Taking a ruler or tape measure, measure out in CM or MM the length of the foot and the width. Make sure to measure from the longest toe to the back of your heel and the widest section of your foot. →

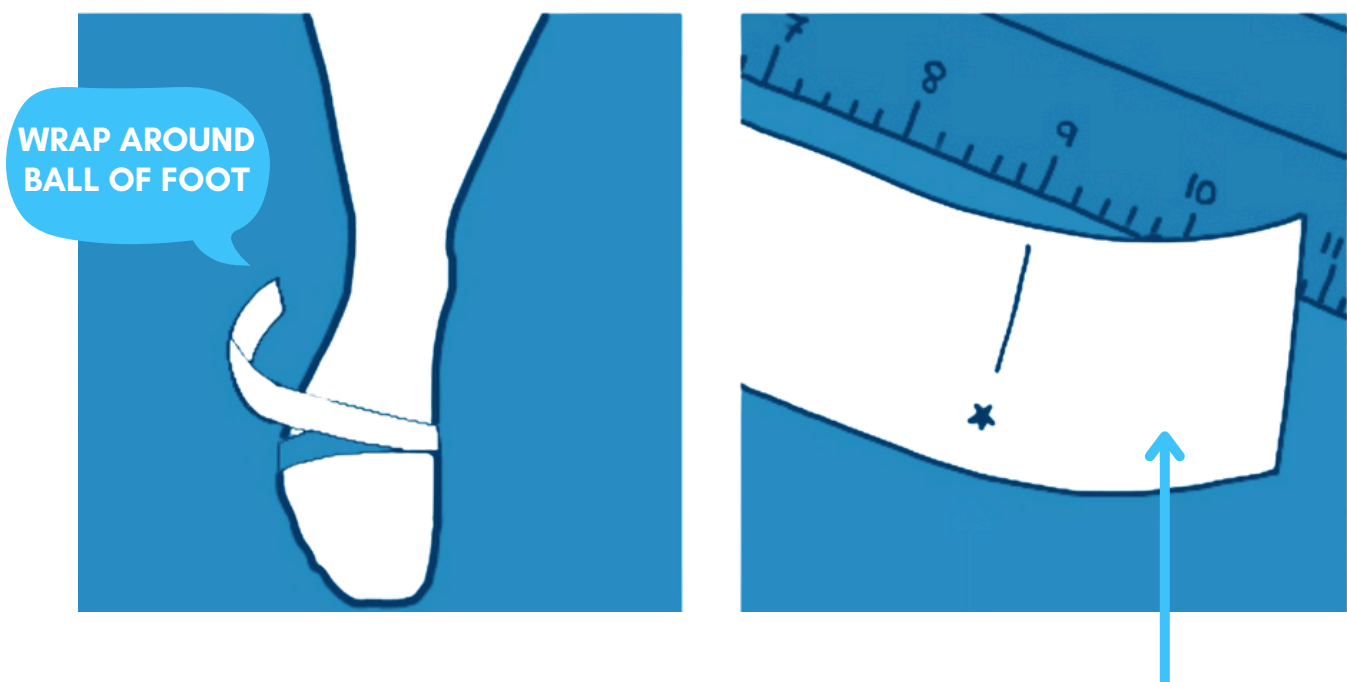


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Circumference

Take a soft tape measure and measure around the balls of your feet.

- **Stand** on the tape measure with your **usual pressure**.
- Wrap the tape measure around the **widest part of your foot**.
- The tape measure **might sit diagonally** across the ball of your foot.
- **Record** the measurement of the **circumference**.



If you do not have a soft tape measure, use a length of paper or string. Make a mark on the paper or string and measure this out using a ruler.

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Feet and Ankle Alignment

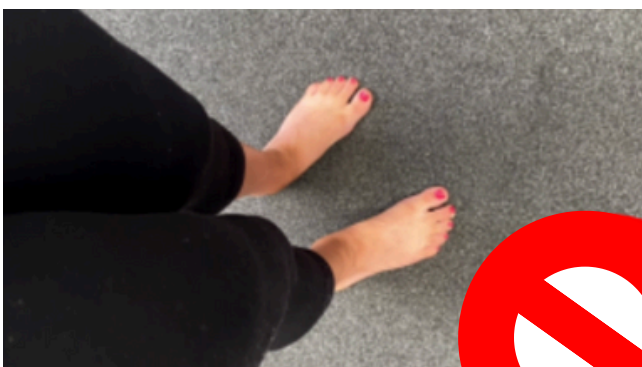
- Find a **well-lit** area.
- Stand up **straight** with a **slight bend** in your knees.
- Take photos of your feet.

Make sure the camera is directly in front of your foot, like you're looking straight at it, not at an angle.

**MAKE SURE THE PHOTOS ARE CLEAR AND IN FOCUS.
SEND THESE PHOTOS BEFORE YOUR APPOINTMENT.**

Birds Eye View →

- Straight above the skaters feet with a slight knee bend.
- Socks off.
- Trousers rolled up from the ankles.



- Too far away.
- Not directly above.
- Not square to the skaters feet.

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Both Arches



- Move the camera so it is in line with the foot.
- Take a nice knee bend.
- Socks off.
- Trousers rolled up from the ankles.



- Too far away.
- Not directly in line with the arch.
- The arch is not visible.

TAKE PHOTOS OF BOTH ARCHES ON EACH FOOT.

MAKE SURE THE PHOTOS ARE CLEAR AND IN FOCUS.

SEND THESE PHOTOS BEFORE YOUR APPOINTMENT.

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From The Front With a DEEP Knee Bend

- Take a **deep** knee bend.
- **Roll up** trousers from ankles.
- Ask someone to take a picture for you. Make sure they hold the camera **in line** with your feet and **not too high**. (See example)



Photo Taken Too High

- Unable to see ankles.
- This photo must be taken **in front** of the skater and **level** with their ankles.



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Photo Reference From Current Ice Skates



FRONT



LEFT



RIGHT



SIZING: EITHER UNDER OR IN THE BOOT



ANY DAMAGE OR BREAKDOWN

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Insoles

- **Remove** your **current insoles** from your boots (they are hard to get out sometimes - please be careful)
- Place them on a **hard floor**.
- **Line** your heels up with the back.
- Take a photo, and send it to us!



THE HEEL IS
NOT AT THE
BACK



If you have toe marks on your insoles **please** send us a photo of these too!!